

### **Recurring Events:**

#### **Member Meeting:1st Saturday of Every Month**

Location: Susie's Country Oaks Cafe, 1000 Melody Lane, Roseville, CA 95678

Breakfast or such whenever you arrive. Meeting starts more or less at 8:00 A.M. and runs until 9:00 A.M. or so, depending on what the Rafflemeister has in his goodie bag. Weather and other factors permitting there is a member ride after the meeting. Check the web site for details at rcb.org.

#### **Wednesday Night Dinner Ride**

Location: Coffee Republic

6610 Folsom-Auburn Road,

Folsom, CA 95630

Riders meet at the Folsom Coffee Republic before heading out to a local dining establishment 30-45 minutes away. After dinner, the riders return home on their own. Locations are chosen the previous week by the participants. Yes, we ride in rain and during holiday periods. Each week's destination is usually posted in the forum on the previous Monday or Tuesday.

### **Board of Directors Meeting**

Location: Pete's Restaurant & Brewhouse 6608 Folsom-Auburn Road

Folsom, CA

The RCB board of directors meets monthly to review past activities and plan future events. Consideration is given to member interest and cost, and the meeting is open to all. While the meeting begins at 7:00 P.M., most of the directors gather earlier to have dinner.







2010	Officare	and [	<b>Directors</b>
2019	Officers	anu L	JII ECLOI S

### RCB 2023 Calendar of Events (See RCB Web Site / Forum for Details)

#### **Officers:**

 President
 Fred Jewell
 916-230-0951

 VP
 Ray Nuguit
 916-625-0799

 Secretary
 Maggy Mini
 916-716-1471

 Treasurer
 Gordon Olson
 916-642-2221

### **Directors:**

2022-2023 Ray Trujillo 916-601-9141 2022 - 2023 Al Morrison 916-955-2381 2023 - 2024 Bob Rasters 925-606-6129 2022 - 2023 Bob Brown 530-263-2823 2023 - 2024 Ken Caruthers 916-712-1014 2023 - 2024 Marv Lewis 916-208-1110 2023 - 2024 Rick Kilton 541-331-9553 2022 - 2023 Mike Robles 916-718-1514 2023 - 2024 Karl Weiland 530-409-5409 2022-2023 Greg Smith 916-539-9400

#### **Appointed Positions:**

Membership Heidi Weiland 530-306-0959

Newsletter Jack Klauschie 916-765-7737

Webmaster Ken Caruthers 916-712-1014

Women's Liaison Jeanie Thurston

916-626-9121

Rafflemeister Gordon Olson 916-642-2221 Ride Catain Ken Caruthers 916-712-1014

July 20-23	Top of the Rockies Rally
August 5	Monthly Mtg / Club Ride

August 12 Ladies Lunch

August 18-20 Tahoe Chill – Camp Richardson

Sept. 2	Monthly Member Meeting - Club Ride
Sept. 1-4	Gypsy Tour

Sept. 8-10 Lost Creek Campground, Mt. Lassen

Sept. 15-17 Ride to Steens, Or.

October 6-8 Monthly Member Mtg / Manchester Beach

November 4 Monthly Member Meeting - Club Ride

November 18 Ladies Lunch

December 2 Monthly Mtg/Club Ride/ Holiday Party

December 9 Toy Run



### President's Corner July 2023

THE RAIN IS GONE! Finally! Aaaannd, here comes the heat. It's looking like Saturday we'll be riding into 104-degree temps, that is, unless you decide to participate in the annual Ride 'n' Bowl in Yerington, where it should be significantly cooler. The lunch destination in Genoa (Nevada, not Italy) should also be a decent temperature with shady spots to eat really good homemade sandwiches.

Speaking of shady spots, our poker run went off (although with a hitch or two) but ended up at Mike Ledbetter's estate for lunch, drinks and games. Mike is a very gracious and generous host, and he deserves a round of thanks from all those who were there. I certainly had a good time cooking for everyone, and I'm hoping next year will have an even bigger turnout.

Our coterie of riders will be going north, to Alaska (north, the rush is on) soon after the holiday weekend and we wish them all well and good riding. I'm expecting daily reports on how it's going; it sounds like the ride of a lifetime and some of us who can't make it will want to live vicariously through them.

I'm starting to get more pictures of member's motorcycles at sites from my Where's My Name contest now that summer is in full swing. Please check the forum for my post about some corrections to a few site descriptions. Unlike last year's contest, I haven't actually been to many of the sites, so I went off Google earth for them. Mea culpa. I am hearing of a possible group ride to several of the local sites in July. Stay tuned for details, but here's a chance to gather 6 tickets in an easy day's ride.

Easy trivia question today: Whose song did I reference above?

By Fred Jewell RCB Prez



# RCB at the Sacramento Raceway Photos from Jacob Labelle







[Editor: I love to see Airheads still on the road. Keep it flying Jacob.]



### Adventures in Misadventures

A plan is hatched. It goes something like this.

Let's skip work Friday and go for a dual sport ride over the weekend. OK, I can make that happen. Where do you want to go? Let's figure it out as we go. OK.

On Friday morning there is an early departure west on Hwy 50. As we approach downtown, let's go to Stonyford to start some dirt roads. OK, I have an old track from the Sheetiron in 2016 on my GPS we could ride. OK.

Heh, do you remember the dirt road that starts on Hwy 20 and goes to Stonyford? Yea, I think I could find that. I think it's near where Hwy 16 hits Hwy 20.

Fuel in Williams and head west on Hwy 20 to look for "that dirt road." [Turns out it has a name – Bear Valley Road – determined at home much later.] After a U-turn on Hwy 20 we are on "that dirt road."

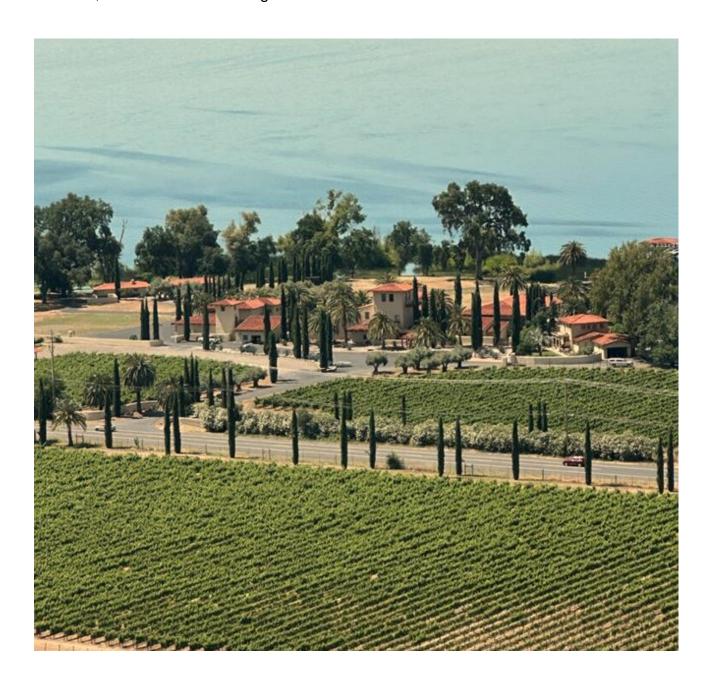
Doesn't the dirt road to that lake / reservoir dead end on this road? Yea, I think it does. Let's take that because we haven't ridden that in years. OK. Hard left somewhere out in a large valley of cattle ranches. We never get to Stonyford with this turn. Instead, many miles of dirt road later we see this.



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Followed by this. Nice place, eh? Wonder if they would put up a couple dusty, now aromatic, motor-bikers for the night?



I wonder if their wine is any good. We'll get the answer another day.



Late lunch at the Ukiah Brewing Co. which is highly recommended. Eventual overnight in Fort Bragg with dinner at a new brew pub. Overtime Brewing Co. which was pretty good, but basic.

Saturday starts typically for Fort Bragg, grey and drizzly.

What are we going to do today? How about Usal Road? Yea, that's a great one. Can you find it? I have no idea where it starts. Yea, I think I can find it.

As I roll out of the motel parking lot, I feel the back-end squirm. What the #\$&^\*? Yep, flat rear tire and now the bead is off the wheel.

This is where I get on the soap box and start my sermon.

I was lucky. I was in a moderate size town which had a motorcycle repair shop [you know the kind], and I was with a friend who didn't leave me to fend for myself. We tried all manner of ways to reseat the bead, including big zip ties. Doesn't work.

After an hour or so we pulled the rear wheel off and Steve carried my rear wheel on top of his gear to the MC repair shop. Puncture plugged [a puncture we couldn't see] and bead reset with a ratcheting strap and a shop grade air compressor.

The point of this sermon is there is no way you will get a tire reset on the bead on the side of the road without a ratcheting strap capable of going round the circumference of the tire, some lubricant AND a high pressure, full blast of air.

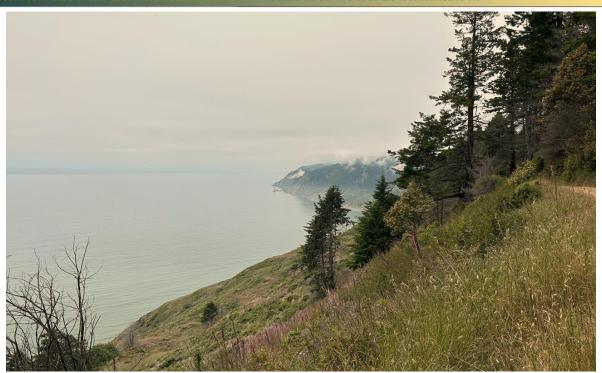
I would not count on AAA to help in any meaningful way other than an expensive tow to the closest town with a motorcycle repair shop.

A ratcheting strap and "donor hose" from Best Rest Products is going into my kit for all of my out-of-town rides.

After futzing with the flat all morning, we finally are on the road although I stop regularly and check the tire pressure to assure the plug is holding air.

We in fact do find the start of Usual Road after a few starts, stops and U-turns. We made it to Usal Beach, which was crowded, and where the road was closed apparently due to slides or washouts. Hopefully those will be fixed. Below are a couple samples of the views from Usal Road.







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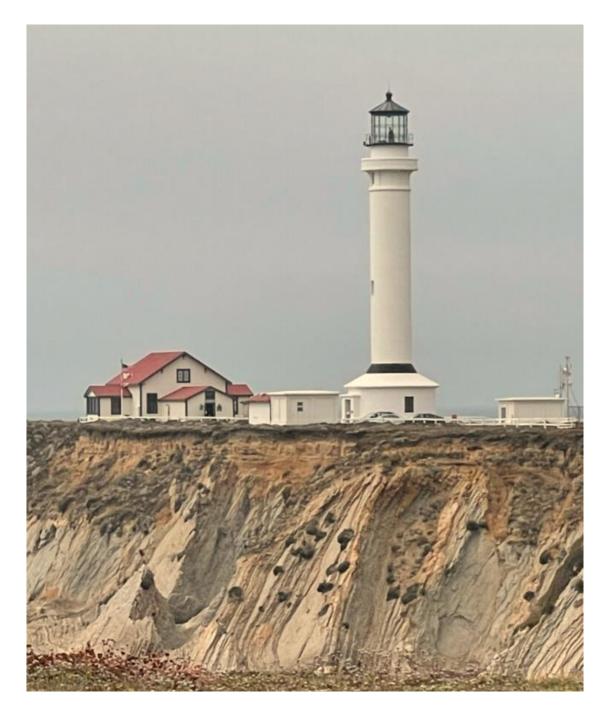
After riding back from Usal Beach to Hwy 1 Steve spotted this beauty just off the highway. Magnificent animal and our treat to witness.



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Spent Saturday night in a campsite at Manchester Beach KOA. Y'all know where this is.





The plug was holding air, but I confess I was not comfortable riding on a plugged tire, so we took paved, back roads home.

All things considered it was a good weekend. Thanks again for the help mi amigo.

### Better Riding Is A Head Game

### By Bret Tkacs

[Editor: Below is a summary of Bret Tkacs article in the Summer 2023 Edition of the Adventure Rider Magazine.]

"Don't hold me accountable for what I believed yesterday. Today is a new day with new information and new experiences; the only way to become an advanced rider is to keep a flexible mind."

"To evolve as riders, we must constantly seek out new information, views, techniques, and experiences that challenge what we know - - -or rather what we think we know."

"As a rider seeking to improve, you need to understand we are all affected by cognitive biases that can unwittingly lead us to make life-altering or possibly life-ending decisions. We make these decisions based on what we 'know' to be true. This erroneous information may have been learned innocently (changing technology, new information, or fresh discoveries may make it obsolete), or it may have been learned from false information, innocently taught by friends or instructors, who never questioned their own beliefs."

For example, in a basic riding course that is helpful during initial training, one is taught not to brake in a corner. Later, as skills develop, trail braking is taught, is a common expert practice, and a potentially life-saving tool for street riders.

Cognitive biases are a normal part of human brain function that allow us to shortcut our thought processes. However, when these thoughts remain unchanged,



they can become dangerous or adversely affect our riding. [For example, we know from experience to be on guard for sand, silt and gravel in a corner particularly after a rainstorm. This bias, however, can result in a rider being more cautious / slower than actual conditions warrant. The brain is saying go slow due to the bias despite data from one's eyes which reveals a clean road. I realized during a recent ride. I was embedded in this bias and had to keep telling myself to ride based on "my eyes."]

The same can be true about our opinion of our own skill set. It is the Dunning-Kruger effect; namely, rider confidence that outweighs true skill and knowledge.

Whether a beginner or a professional, we all work with the same controls. What separates the beginner from the professional is training, experience, and exposure to conditions that test one's skill set. To move from beginner to intermediate to highly skilled involves a willingness to admit you do not know everything and you have room to learn and improve. Every ride can be an environment where you can test your skills in a safe manner so long as it is done deliberately. Better still, take a riding class with an open mind and an intent to identify and break old, bad habits, learn new skills, and apply and test those new skills without street related risk.

It likely is safer and more adaptive to come from a perspective where one can learn something, all the time, from anyone as compared to I know all there is and no one can teach me anything.

No matter where you are on the spectrum, one should challenge one's beliefs by reading, studying, practicing, taking a class, and repeat.

[If you have any doubt, take a riding class from Reg Pridmore, California Superbike School, Yamaha Champions School, BMW Rider Academy, or comparable riding school. I thought I was doin' the business in one of my classes when an instructor passed me on a Goldwing like I was standing still. My takeaway from the class? I am the weakest link and always will be.]



### "WHERE'S MY NAME?" CONTEST 2023

### By Fred Jewell, RCB Prez

A few things have come to my attention now that people are out travelling to the sites, things I got wrong in the initial description:

The Toad Tunnel in Davis CAN be reached on your motorcycle, you can get right to it in the parking lot.

The site in Mineral is the Volcano Country RV Park, not the Volcano City.

In Scott Bar the monument is across the street from the Community Hall, not next to it. It is surrounded by a wrought iron fence, and the Community Hall looks like a church.

In Jackson, there are several monuments at the site; I am looking for the one next to the flagpole, but if you get close enough I'll award the ticket.

In Talmage, the City of 10,000 Buddhas is not open to visitors but for a few hours a day, there is a cyclone fence across the road, but you can see the arches requested for the picture from it, so a picture from there with the arches in the background is fine.

In Lewiston, having a beer at the Lewiston Hotel is not required, only suggested.

Fred Jewell, RCB President (again)



### **Editor's Request**

Please take photos and write notes.

Better yet write an article or ride report.

If you read an interesting article, send me a copy.

Please send them to me at <a href="mailto:iackklau@comcast.net">iackklau@comcast.net</a> and I will add them to the newsletter to share with members.

Please Check the Forum often to stay updated on club functions and events.









### **A&S BMW Motorcycles**

1125 Orlando Ave Roseville, CA 95661 (916) 726-7734 www.ascycles,com

### Ozzie's BMW Motorcycles

2438 Cohasset Rd. Chico, CA 95926 (530) 345-4462

### Cycle Specialties, Inc.

1201 North Carpenter Rd. Modesto, CA 95351 (209) 524-2955

#### CALMOTO

952 North Canyons Parkway Livermore, CA 94551 925.583.3300

#### **BMW** Motorcycle of Santa Rosa

800 American Way Santa Rosa, CA 95492 (707) 838-9100

#### **BMW** Motorcycles of San Francisco

790 Bryant St. San Francisco, CA 94107 (415) 503-9988

#### San Jose BMW

1990 W. San Carlos St. San Jose, CA 95128 (408) 295-0205