

BMW MOA Club #210 & BMWRA Club #104

Catch us on the Web at WWW.RCB.ORG

February 2010

River City Stuff

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Directors through 2011		
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Phil Sweeney	916-358-5526	
Tom Moe	916-858-0891	
Mike Robles	916-718-1514	

Membership Meeting Sat Feb, 6th 8:00am Susie's Country Oaks Cafe 500-G Cirby Way Roseville

Director's Meeting Tues Feb 9th, 7:00 pm Perko's Bradshaw & US 50 Sacramento

Breakfast - Be There! Every Saturday 8 am Susie's Country Oaks Cafe 500-G Cirby Way Roseville

Weds. Dinner Ride Meet between 5-6:30 pm Leaves every Wednesday evening at 6:30 pm from The Coffee Republic in Folsom

The President's Corner by Fred Jewell

Just as I suspected, right when it looked like Thunderhill was dead and gone, the relentless pressure Kim Rydalch has applied has paid off with a new date offered to us for our Skills Improvement Day, namely August 29. This looks like a very good date; it's the week before the Labor Day weekend and there is practically no chance of rain. (And it's NOT Father's or Mother's Day!) We did very well last year in September with 90 participants and I expect we should do as well this year. Prices should remain the same as last year for RCB members, which is a huge bargain, especially if you compare us to other organizations providing similar track days. We try to do this every year not just to fill the club treasury, but to first provide a day for RCB members to learn and practice skills in a friendly and (somewhat) non-competitive environment for under \$200, and that includes dinner, breakfast and lunch!

It's a fairly slow time of year for riding, and 9 days of rain make it even slower. The little bit of riding I've been doing is mostly commuting and local short trips around the valley. With snow in the mountains and slick roads in the foothills it makes for a limited range of travel, but still im-



and your skill level where it should be. Our ride to Morro Bay is coming up soon, and although it is only around 300 miles there, it could be a difficult day if you haven't prepared yourself by riding regularly. Ride your bike to breakfast one of these Saturdays, maybe find someone who wants to ride somewhere for a lunch stop and make a day of it. There is also the regular club ride on meeting day to get you out and about and test your stamina. Do this a number of times in the next couple of months and you will find your next long day in the saddle more fulfilling than painful.

portant to do to keep yourself sharp

Since it is a rather slack time in our calendar at this time of year my column is kinda short this month, so I'll throw out this rather easy trivia question to finish with: What is the real name of the 500cc Grand Prix champion nicknamed "The King", and where is he from?

Remember, we're not bikers, we're motorcyclists.

We ride far.

We ride often.

We ride quiet(ly)

BMW MOA CLUB #210 & BMWRA CLUB #104



It's not too early to start planning for our first club weekend overnight ride (OK, 2nd after Greg's B&B ride) coming up April 16 - 18.

We will be leaving from the 49er Truck stop at I-80 and El Camino at 9:00 AM that Friday, heading down I-5 to Santa Nella, the Pacheco Pass and lunch in Monterey at the Wild Thyme Deli. After that it is straight down route 1 to Morro Bay. A route sheet is coming from Ride Leader Ken so look for it soon on our website.

The motel of choice is the Morro Crest Inn; call Danny at 805 550 6960 to reserve a room at \$68 for two beds and \$55 for one. There are many more choices in town if you wish other accommodations; most are within walking distance of the Morro Crest and the Embarcadero (dining/shops) area. Saturday can be spent in many ways: relaxing or shopping in Morro Bay, riding route 58 to McKittrick and back, exploring San Luis Obispo or visiting Hearst Castle in San Simeon. We will be having a group dinner both Friday and Saturday nights at one of the restaurants along the Embarcadero, most likely the Harbor Hut and the Flying Dutchman. If you can't join us on Friday there is no reason you can't come down Saturday and meet us for dinner and the ride home.

There will be a group ride back to Sacramento on Sunday for those who wish to ride together, and it will involve riding east on route 58 (an extraordinary road!), then north to Coalinga to 198 west (another extraordinary road!) and north on 25 to Hollister (even another extraordinary road!), Pacheco Pass once more and then I-5 home. Should be a great ride, I can't wait! See you there.

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Whale of a Tour

Whale of a Tour B & B March 12 & 13, 2010

Greg & Cyndee Peart will be leading for the 3rd year now, a Bed & Breakfast tour to the lovely Mendocino coast. We plan to stay again at the Sea Gull Inn of Mendocino. Those of you who remember past RCB president Jim Douglas and his wife Ayla own and operate this historic 9 room Inn. The rooms are blocked off, so reservations must be made by calling: The Sea Gull Inn at: 888-937-5204. RCB members must specify they are with River City Beemers and will receive a 15% discount (please remind them of this while booking the room) off the standard weekend rate for a 2 night minimum stay for this event.

The first night rate will be charged as a deposit when the reservation is made. If we exceed the Inns room limit, Jim or Ayla will assist you in obtaining lodging close by in town. As in past events, this will be a very easy going weekend. Activities depend on the weather, size & wishes of the group. The Inn is a beautiful place to just chill out. Mendocino is a wonderful small town to just stroll about and relax. This tour is designed for couples & is a hit with the ladies. To view the rooms, go to www.seagullbb.com

The Plan: Make your Own Reservation with The Sea Gull Inn, then Call Greg Peart 916-689-7999 & leave contact # or email him at: XFIL911@comcast.net that you are going with us. Cutoff date for reservations will be: 8PM, Thursday, March 4, 2010. Then on Friday, March 12, Meet at 8 AM (if you want breakfast) or 9 AM Wheels up at The EPPIES Restaurant (also known as Family Restaurant) West Capitol off ramp & I-80(at the east end of the Yolo causeway). Greg's cell phone: 916-870-7841. This will be a rain or shine event.

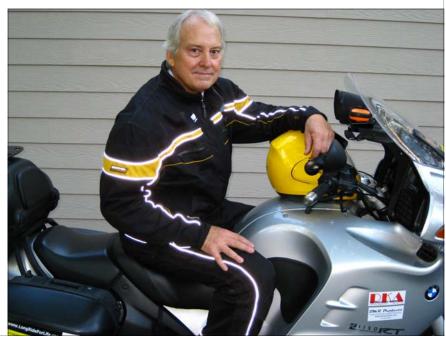
Long Ride Around America

Editor note: David Swift traveled for two months last year raising money for the American Cancer Society while enjoying the MOA rally and many other sites. This is his press release before the ride adventure and a follow up with hindsight tips if he could do it over again. On July 6, Swift will embark on a two month odyssey, with plans to cover 40 states and Canada. During the trip he will raise money for the American Cancer Society by gathering pledges from other motorcyclists and interested supporters via his website,

By David Swift

GRASS VALLEY, CA. July 1, 2009 -What started as a simple road trip to the MOA Rally in Tennessee this summer has evolved into a two month expedition for local motorcycle enthusiast David Swift.

For the last six years Swift, a Grass Valley resident, has been involved with Relay For Life® in Nevada County. After completing this year's Relay in May, he decided to extend his fundraising efforts with a solo motorcycle trek around America.



www.longrideforlife.com. The site will feature an on going written account of his journey, as well as pictures taken along the way. A member of several online motorcycle forums, Swift plans to build a following for his journey by posting updates to various discussion boards that feature motorcycle trips.

"Raising awareness for the American Cancer Society's lifesaving mission is a way for me to add value to my trip," says Swift. "Technology makes it easy for me to keep people informed about my journey. Hopefully I'll be able to get them involved and in doing so, raise some money as well."

Initially, the ride will take a southerly route, following the old Route 66 through parts of California, Arizona and New Mexico. The first major destination will be the national BMW rally in Johnson City, TN. From there, Swift will work his way north to Lancaster, NH, to attend the BMWST.com Unrally in early August. Finally, his route will take him west through hand for showers, tolls, etc. Keep them in a plastic Canada, down through the Great Plains to Glacier National Park. After passing through the Pacific Northwest, the final stop on the tour will be the Bonneville Salt Flats, where Swift will be a volunteer at the Bubb Motorcycle Speed Trails. The entire trip will cover over 11,000 miles.

To learn more about Swift's "Long Ride for Life," or road construction info when you do your weather to follow his adventure, visit his website at www.longrideforlife.com. The site also contains information on how to make a donation or pledge to the American Cancer Society.

Relay For Life® is the American Cancer Society's signature event. It brings more than 3.5 million people from 4,900 communities across the country together each year to celebrate the lives of those who have battled cancer, remember loved ones lost, and fight back against a disease that takes too much. The event symbolizes the hope that people lost to cancer will never be forgotten, that those who face the disease have support, and that one day cancer will be eliminated.

Locally, Relay For Life® took place May 30-31, 2009 at the Nevada Country Fairgrounds and raised over \$120,000.

Wednesday, September 23, 2009 Missed Opportunities, Lessons Learned

My trip around the country was more than just a great adventure; it was a wonderful education in what works and does not work (for me) in long distance riding. Among these lessons were little things of convenience as well as bigger issues, like riding gear. I hope you might find a few of these useful.

Trip Lessons:

• If you are going to personally write, edit, and post your photos and travel journal daily, allow yourself at least 90 minutes of "quiet time," or get an online assistant who can edit your copy and photos then post them.

• Buy the best raingear you can afford, or wear vented riding gear with a bathing suit underneath and enjoy! (Not advisable in colder regions).

• Make sure you always have a bunch of quarters on 35mm film canister (if you can still find one).

• If you are riding into Canada or Mexico, get an International calling card (CostCo has a great one). Most cells phones won't work there.

• If you are doing a lot of photography on the fly, hang your camera from a neck strap.

• If you have computer access, check with AAA for forecasts.

• Bring along a set of compact binoculars.

• Allow yourself more than just an overnight stay when visiting any of our National Parks (one of my biggest mistakes).

• For rides of long duration, give yourself a "day off" every week to rest up, relax, and break up the ride. Fatigue can have a cumulative effect and take all the fun out of your adventure. Loss of concentration can be fatal!

Missed Opportunities:

A number of folks have asked me what are the places I would like to return to for an extended visit if I had the opportunity. That's a really tough question because of all the interesting and amazing places I did get to see during my trip. There are a few obvious ones, like the National Parks I stayed in but didn't really get to enjoy. These would include:

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Shenandoah National Park (where I got rained out) good music an Teddy Roosevelt National Park (a quick drive-thru in for a road trip. the rain)

Glacier National Park (where I pretty much never got off the bike) There were plenty of other areas that I was able to visit on my trip that I would like to ride again (like

As far as interesting cities, there are quite a few that I didn't get a chance to explore. Here's my short list (some of these may surprise you):

- Ottawa very cosmopolitan with a rich history.
- Duluth attractive downtown with a unique waterfront.
- Natchez an architectural and cultural gem.
- Nashville an exciting city of music and the arts.

There were a number of regions that had beautiful scenery and some great roads I would like to explore someday. These include:

• Maine – I just got a taste during our New Hampshire rides.

• New York Finger Lake region – this is God's country.

• Monongahela National Forrest, WV – this whole area of West Virginia has some amazing roads.

• Highway 61 "The Blues Highway." Mississippi – good music and good food, the perfect combination for a road trip.

There were plenty of other areas that I was able to visit on my trip that I would like to ride again (like the Smokies). Even with two months on the road I feel like I barely got a glimpse of the fantastic array of places, people, and things that are out there just waiting to be visited. And, regretfully, there were a number of areas and states I didn't even get to, but these will just have to wait until my next trip.

I was fortunate enough to have been able to make this trip, to attend two rallies, and to finish the trip without any mechanical issues. I was blessed to have had the support of friends and family, to have shared a portion of this adventure with my wife, and arrive back home safely. And thanks to the generous contributions of strangers and friends, I was able to bring us one small step closer to winning the battle against cancer.

Thanks for being there. I hope you enjoyed my journey as much as I did bringing it to you. Happy trails until we meet for the next one!



Member's Classified Ads

Classified ads are free to members, and usually will run for 3 months give or take a bit, unless you email back and tell us to pull it. Send the text of your email to Classified, and it will be included in the web site and also in the newsletter. Please format similar to ads below. Limit 75 words.

BMW Gore Tex touring boots, very good condition, size 45 (about 11D-these are a "D" width)-\$80 Greg Gibson, grgobson@mindspring.com, 530-575-0592

BMW F650 OEM side cases and mounting hardware, complete. Good condition. \$595.00. F650 "Garage" centerstand; like new: \$65.00. F650 OEM tank bag. Like new: \$125.00. Call Bruce at 916-989 -9224 or e-mail to: samparish@sbcglobal.net

Wanted: Right side system case for a R1150 R , or RT. I think the 1100 is the same type of bag and will also fit. Call Jim 530-432-1664

2004 R1150RT in excellent condition. Besides the usual features of an 1150 RT there are: heated grips, Cee Bailey windscreen, headlight guard, engine guard, fender extender, Throttle Meister, Custom Seat by Bill Mayer, Garmin 2610 GPS, BMW bag liners and tank bag and motorcycle cover. Low Mileage: 27,274. Selling for \$9,000. Call Ernie at 916-543-3265 afternoon and evenings. Pictures available. (10/11)

Nitro Mesh Racing Jackets Brand New. One in Grey and One in Red. Med size. This Jacket (not the ones for sale) has been personally crash tested on two occasions and it works well. See here http:// www.cbxmanmotorcycles.com/Vega-Nitro-Mesh-Motorcycle-Jacket.aspx. Cost \$89 sell \$59 each. Alan Westfall 916-203-4032 or 916-421-4032 (7/31)

1985 R80 RT Selling it because I don't ride it enough. Motorcycling just wasn't for me. Asking \$3500 or best offer. The speedo say 70,000 I have owned it about a year and half so can't say if it is accurate. Everything runs well has new windshield (clearview), new battery, and newish tires. Great bike, very comfortable, matching keys, hard luggage cases. Can include helmets and jackets too. The bike is in Davis.

Thanks, Bill Williams davisbiker(at)yahoo.com (7/28)

Misc: 2004 Rallye 2 Jacket grey with yellow piping. Also matching original fanny pack. Men's size 54 with matching pants. Perfect. Includes Gore rain liners. \$600.

2004 BMW Heated Vest with plug. Grey/black. Size XL. Never worn. \$125.

2006 Schuberth Flip Face Helmet. Size 57M, 7 1/8. Color Grey. Perfect. Includes soft TourMaster bag black. \$150.

2006 BMW BoxerCup Gloves. Size 9 to 9 1/2 Perfect. \$40.

2006 BMW GoreTex Gloves. Size 8 to 8 1/2. Black. Perfect. \$50.

All these items purchased by me from A&S. Sold my K1200s over two years ago. Not riding anymore. If you buy all of it, I will make a better deal. Call Jeff at 530 401-7468 (7/28)

Wanted: R100RS Seat, Krause bags w/racks, K75RS handle bars and stack header pipes. Let me know what you have. Call Steve Hartshorn, 530-277-6630 (6/14)



Sign up and ride to the Sea Gull Inn B&B and meet the new bike and mascot. Jim Douglas is the proud owner of both!

2010 Calendar of Upcoming Events

Check often because events are always being added or changed.

- Feb 6th, Sat General membership meeting at Susie's Country Oaks Cafe, 8 am, 500-G Cirby Way, Roseville, CA 916-786-0274. There will be a day ride afterwards so have a full tank of gas before starting. All members and guests welcome.
- Feb 9th,Tue Director's meeting at IHOP Restaurant, 7:00 pm, 2525 Iron Point Road, Folsom. All members welcome.
- Wed. Ride Weds. Dinner Ride, Meet between 5-6:30 pm, Leaves every Wednesday evening at 6:30 pm from the Coffee Republic in Folsom.
- Thur. Ride Meet up for a weekly Thursday day ride, "Because We Can Ride". Meet at Brookfield's at Sunrise and Folsom, eat at 8am and ride at 9am. For all retired, independently wealthy or just plain sick of work!

TBA – Feb Air Heads Death Valley

Mar 12-14 Sea Gull Inn B&B, Mendocino, Greg Peart, March 4th is the last day for reservations.

Mar 13A&S Spring Open House A&S

- Apr. 16-18 Southern Coast Ride, Morro Bay, Fred Jewell
- TBA First Responders Class Folsom Phil Challinor
- TBA Tech Daze A&S Phil Challinor
- May 8-9 Poker Run Sierras Phil Sweeney •
- May 20-23 49er Rally TBA Nor Cal BMW
- May 21-23 Klauschie Campout Mt. Lassen Jack Klauschie
- Jun 11-13 GS Ride Soldier Meadows, NVJim Cyran
- Jun 12-13 Sierra B&B Volcano Ray Trujillo
- Jun 17-20 Chief Joseph Rally John Day, OR BMW Riders of Oregon
- Jun 25-27 Northern Coast I Eureka Fred Jewell
- Jul 10 Death Ride, RCB provides moto support, call 209-521-8425 for information
- Jul 15-18 BMW MOA Rally Redmond, OR BMW MOA
- Jul 22-25 Top O' The Rockies Paonia, CO BMW of Colorado
- Aug 7-8 Ride 'N' Bowl Yerington, NV, Kim Rydalch, prices TBA, ASAP
- Aug 14-15 Sierra Nevada Brew Ride Chico Ray Trujillo
- Aug 21-22Tahoe ChillSouth Lake Tahoe, Challinor, Olson, Sweeney
- Aug 29 Thunderhill RCB Motorcycle Skills Improvement Day, more news to follow
- Aug 31–Sep 3 Curve Cowboy ReunionKillington, VTCurve Cowboys
- Sep 3-6 NorCal BMW Club, Range of Light Tour
- Sep 17-19 Beemer Bash, Quincy, Central Cal BMW
- TBA Sep 25 A&S Vintage Motorcycle Show A&S
- Oct 1-3 Northern Coast II Manchester Beach
- Oct 2 Membership Meeting Manchester Beach
- Oct 10 Five Passes Ride, Sierras, Ken Caruthers•
- Nov 7 2010 Planning Meeting, Fred Jewell
- Dec 5 Christmas Party A&S Dennis Allstead

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