

River City Beemers



BMW MOA Club #210 & BMWRA Club #104

Catch us on the Web at WWW.RCB.ORG

November 2008

River City Stuff

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Bryan Wright 916-663-9175

Past President

Gary Stofer 916-966-7910

Membership Meeting

Sat Nov, 1st 8:00am
Susie's Country Oaks Cafe
500-G Cirby Way
Roseville

Director's Meeting

Tues Nov 11th, 7:00 pm
IHOP
2525 Iron Point Road
Folsom

Breakfast - Be There!

Every Saturday 8 am
Susie's Country Oaks Cafe
500-G Cirby Way
Roseville

Weds. Dinner Ride

Meet between 5-6:30 pm
Leaves every Wednesday
evening at 6:30 pm from The
Coffee Republic in Folsom

The President's Corner by Fred Jewell



It's Saturday night and I'm frantically putting together a column suitable for publication after a day spent at A&S behind the BBQ grills. I wanted to thank all the volunteers that helped out today, then I realized that I've got a lot of people to recognize for their efforts this past month. So I'm going to call this column my Recognition Column, and I think I'll start with Manchester Beach. Phil and Mary Sweeney did a wonderful job of organizing a gourmet meal Saturday night along with an impromptu dinner Friday and breakfast fare both Saturday and Sunday. They had a lot of help from Marv and Lois, Lynn, Pam and Wayne to make it all run smoothly. It should also be pointed out that A&S, completely unsolicited, generously donated four \$50 gift certificates to our raffle for that weekend, something that truly deserves recognition too. Randy and his staff do a great many things for our club, often without being asked (or sometimes thanked) and I want them to know how much we appreciate their efforts. Jim Douglas, a former RCB Prez and current owner of the Sea Gull Inn in Mendocino, donated, also completely unsolicited, a night's stay at his B&B, a truly generous gift that was very appreciated by the winner. Thanks Jim, it was totally unexpected and it added a real treat to our raffle. Larry Morris and Ken Caruthers did the 5 passes ride a little differently this year and it was a big success. Great job again, guys. Today at the A&S open house we had a terrific group of volunteers that cooked up hot dogs and hamburgers for the hungry horde that descended on us. Stan, Mike H., Chuck, Al, Fred, and especially Lynn, Linda and Mike I. all worked hard to keep the huddled masses fed, and Marv and Lois worked the crowd to get us a couple of new members. We will probably be doing this again next year at one of the open house days; it

helps A&S and it helps get our club name out there to those who don't know us.

Looking at the RCB calendar I see that the planning meeting is coming up on November 9. Please scroll down for an article with the details regarding where and when. Show up and speak your mind and volunteer, this is your chance to make a difference in our club. The club ride for November is going to be an old favorite that ends up at the Waterloo Inn after meandering all around the foothills, a wonderful ride that should be perfect for this time of year.

I got a few responses to my acronym challenge last month, but no one got them all (Ken says he did get all of them with the magic of Google, but didn't want to spoil it for others), and anyway I am out of small but useful prizes. The answers are they are all Grateful Dead songs with somewhat of a "road" feel to them - BIODTL is Beat It On Down The Line, GDTRFB is Goin' Down The Road Feelin' Bad, LTGTR is Let The Good Times Roll, IFTL is I Fought The Law, and I should have given the hint that the final one was a "dead" giveaway - WAL-STIB is What A Long Strange Trip It's Been. Again, kind of a reach, but this is what happens after 102 Dead shows. Jerry did have a Harley sticker on his Strat in '72, and Pigpen rode a BSA in the '60s. So what does BSA stand for, and what did they make before motorcycles?

If you were a volunteer for something this last month and I failed to mention you, please accept my apologies. I want to acknowledge all who do so that others may think about volunteering in the future, something our club relies on to provide the events we all enjoy.

Remember, we're not bikers, we're motorcyclists. We ride far. We ride often. We ride quiet(ly).

RCB's Annual Christmas Party

Announcing RCB's Annual Christmas Party!

Saturday, December 6, 2008

Doors open at 6:30 p.m.

Dinner at 7:00 p.m.

Goodnights at 10:00 p.m.

Our gracious host is...

A & S BMW

1125 Orlando Ave., Roseville

Beverages are provided by

River City Beemers

The rest of the dinner is potluck. Please see the guidelines for last names below.

S TO Z Appetizers

M TO R Salads

H TO L Meats/Main courses

D TO G Side dishes

A TO C Desserts

2009 is Coming...Help Make Plans!

Planning Meeting Sunday, November 9

If you have any suggestions or ideas for next year, or you're ready to volunteer (Yeah!) make sure you come to the planning meeting on Sunday, November 9 at 5:00 PM at the Round Table Pizza at Greenback and Madison. There will be pizza and beverages available as long as the budgeted money lasts. We always welcome new ideas and people to organize and run our events, so come out and be a part of next

year's activities.

We are always looking for volunteers to help and/or run the three big events - the Indian Creek campout, Lake Mendocino campout, and Manchester Beach. There are other ones that have some one to run them but need volunteer help, so show up ready to be part of the club that gets things done and we'll find a spot for you. See you there!

28th Cycle World International M/C Show

San Mateo County Expo Center

2495 South Delaware Street

San Mateo, CA 94403

Free Motorcycle parking and gear check

Friday, December 19

4:00pm - 9:00pm

Saturday, December 20

9:30am - 8:00pm

Sunday, December 21

9:30am - 5:00pm

Admission

Adult: 1-day \$13 • 2-day \$20 | Children 6-11: 1-day \$6 • 2-day \$10

Children 5 & under free

Buy your e-tickets online and save!

Cash only at the ticket booth. Be prepared - the convention center may not have an ATM.

www.motorcycleshows.com

Go to the web site and buy your tickets on line and save time at the entrance.

HOW TO ACCOMPLISH AN IRONBUTT RIDE (SAFELY, AND WITH TIME TO SPARE)

By Fred Jewell

I know there are many of us in the RCB that have finished Iron Butt rides with the required documentation to receive recognition from the IBA, and display it proudly (OK, I admit it, it's me). I also know there are many that have done the miles without any documentation, and don't care for the recognition, they just like riding long distance. This article is for any one wishing to accomplish a long distance ride (1000 miles in 24 hours, or 1500 miles in 36) whether or not recognition is needed. The Iron Butt Association has a website - www.ironbutt.com - that has all the information you will need if you want to document your ride and receive your pin, license plate frame and IBA letter of completion document; no need for me to go into detail here.

Kim Rydalch touched on this subject in last month's newsletter, and I thought it might be good to elaborate a little more as, just like Kim, this is a subject near and dear to my heart. I have a feeling there are some members that might be thinking of doing this some day, and some helpful hints may be in order, plus I am entertaining an idea of leading a group Iron Butt some day if there's enough interest out there.

The first thing to do is plan out your ride. Now is the best time to plan for next year, and the best month to do the ride is probably going to be June. The days are the longest so you won't have to ride in the dark, or not for long anyway, and the oppressive heat usually hasn't settled in yet. Realize also that in order to travel any direction out of our valley you have to go over mountain passes, and there is always the chance of foul weather, sometimes even snow. Ask me how I know). Plan your riding gear accordingly. Kim mentioned a heated vest as a necessary part of your gear at any time you're traveling long distance. Your ride can be an up and back style, where you pick a turn around point at halfway then just head home the same way you came, or a loop that encompasses your distance without any repetition. The former is particularly good for a Saddlesore 1000 if you are going for the documentation; the latter is good for a Bun Burner 1500 where you can stop for the night at 1/2 or 2/3 of the total distance and complete the rest the next day. Either way you need to have a goal location in mind to aim for when starting out. It's best to stay on the Interstate, especially if it's your first endeavor in LD riding, you make better time, the roads are bet-

ter maintained, and there are more food and gas choices available. The scenery isn't quite as nice as secondary roads, but you are out for miles first, scenery second.

The second thing, to quote Kim, is "DON'T STOP!" Stopping is the killer of any long distance ride, so you want to limit your stops to as few, and as short, as possible. Easier said than done, though. You really need to be comfortable on your bike to be able to limit stops, and that usually starts with a good seat, and unless you literally have an iron butt, that generally excludes stock BMW seats. Aftermarket seats are great, and I highly recommend them, but you can greatly improve your stock seat with a sheepskin or air cushion cover; I suggest putting them on later in the ride rather than sooner. Stops for fuel should be short - gas up with a credit card to avoid waiting in line twice at the register using cash, bring your own water and snacks with you to avoid the line again, and do your stretching while heading to and from the restroom. Do not stop for lunch and gas at the same stop as it takes just as much time to put all your gear back on to go across the street to the McDonalds as it does to do another 50 miles, so do the 50 miles, then eat. To be able to do 1000 miles in 16 hours you need to average 62.5 mph, so if you ride at 75 mph but stop for 1/2 hour every two hours your average is down to 60, and it will now take you an extra hour to finish. Stopping every 2 1/2 hours for 15 minutes raises your mph to 68, and your total time for 1000 miles is now under 15, so you can now afford to make a longer stop for a meal in the afternoon or evening. Roadside rest areas can be time-killers, but they can also be valuable if you are feeling tired at all. The "Iron Butt Motel" is always open, which is best described as taking a nap on the picnic table with your helmet on and your jacket under your helmet as a "pillow". Sometimes a 15 or 20 minute nap can make all the difference, and you want to be safe, not tired, while riding long distance.

Be prepared for anything while on the road, and never start out on a long distance ride with tires near the end of their life. Tires wear quickly when ridden all day long, much quicker than day to day riding. A lot of the roads in Oregon and Nevada are chipseal instead of asphalt and are very abrasive. You should do all your required maintenance before the ride, but do not add furlies or any other new item just before you leave; you want to do that well in advance in order to work out any gremlins that might appear. There's nothing like a mechanical problem to ruin a ride, even worse if it's operator error. A throttle rocker is one add-on that's a must

have if you don't have cruise control or a throttlemeister. Have the usual roadside repair items you would have on hand for any journey, and bring a variety of clothing for different weather. Snacks and water (not caffeine sodas) are very important; you need to stay hydrated at all times. Gum and mints can help you stay awake and alert, coffee and caffeine drinks will dehydrate you, and they'll let you down later while increasing your need to stop for potty breaks. Above all, don't push yourself above your limits. If you're too tired, or cramped up, or whatever to make it the whole 1000 or 1500 miles, there's always another day. There's no

shame in saying "I can't do it this time". Realize that this is a challenge that most people can't do, that's what makes it such an accomplishment.

For even more information click on the "29 tips" link on the Iron Butt website. It goes into greater detail on helpful hints for a successful long distance ride. As one Iron Butt Rally veteran said when asked how to accomplish such long rides, he pointed at his bike and said "Sit there. Twist that". 'Nuff said, I guess.

Kim's Korner

By Kim Rydalch, newsletter editor

The latest info found on the Internet

For 2009 the K series will increase to 1300's

BMW celebrates 25 years of its four-cylinder K series by giving the lineup a complete redesign. No longer the K1200s, BMW has upped displacement from 1157cc to 1293cc, making these Fours the BMW K1300s. The Bavarian marque introduced three new designs Oct. 7th at the 2008 INTERMOT Cologne bike show – the K1300S, K1300R and K1300GT.



BMW K1300S

The extra 136cc of displacement is put to good use by the new K1300S, as it improves claimed performance to 175 hp at 9250 rpm and 103 lb-ft of torque at 8250 rpm. Not only are the peak numbers higher than its predecessor, they also are reached 1000 rpm sooner in the rev range. To get that extra power engineers increased both bore and stroke to 80 x 64.3mm.



Still a shaft-driven design, the K1200S takes advantage of new Digital Motor Electronics and optimized cylinder charge for improved performance and fuel economy. Also new is the exhaust, with a three-way catalytic converter.

The motor isn't the only thing changed, as steering geometry is also altered for "more neutral behavior in bends and an even higher standard of agility." A 0.6-inch wider, 62.4-inch wheelbase comes via a modified wheel carrier and a lower longitudinal arm on the Duolever suspension. That's right, the BMW Duolever and Paralever units are back, with new spring rates. The ESA is also altered, with the next generation ESA II offering on-the-fly spring rate adjustment.

Other technical electronic features are the standard EVO braking system and Semi-Integral ABS (front lever activates both front and rear, while rear lever does not affect front brake). ASC (Anti-Spin Control) and the aforementioned ESA II are available as options, as is the HP2

Sport-sourced instrument cluster, offering up track specific display goodies like lap times and programmable shift lights. Riders can also opt to get the HP gearshift Assistant for quick, seamless upshifts on the track or street.

Visual changes include a slimmer appearance with a more slender fairing and improved aerodynamics. New wheel designs feature an improved construction method for better stability and absorbing high wheel load. Another change is the rear tire, with a 190/50-ZR17 replaced by 190/55.

Also, those three oddball BMW toggle switch turn signal controls have been ditched on the new Ks for a more conventional system.

BMW K1300R

The boldest look from the K series, the naked R is defined by its distinctive front end. Similar in performance to its S sibling, power claims are 173 hp and 103 lb-ft of torque. Further engine changes are identical to the S model. EVO braking is standard, with ABS optional, along with the new ESA II and ASC.

BMW K1300GT



The improved engine capability of the K motor figures to enhance the already solid GT touring platform. Tuned for power output on the lower end, the K1300GT taps out at 160 hp at 9000 rpm and 99 lb-ft of torque at 8000 rpm. Again, engine changes carry over with the other K models. ABS comes standard, with ESA II and ASC optional. Also changed is a new adjustable windscreen.

Prices for 2009 have not been set.

Member's Classified Ads

Classified ads are free to members, and usually will run for 3 months give or take a bit, unless you email back and tell us to pull it. Send the text of your email to Classified, and it will be included in the web site and also in the newsletter. Please format similar to ads below. Limit 75 words.

2004 R1150R ROCKSTER Black & Lime Green, \$8,200. 19k miles, heated grips, ABS, BMW bags, BMW windshield, Rick Mayer full leather saddle, barbacks, Ztechnik tailbag, Magsbag, Haynes manual, just serviced, immaculate condition. Joe @ 916-638-2044 (10/5)

Misc: BMW tank bag for airhead GS., like new. \$110.00. Hippo mitts, leather, and lined. \$40.00. Exhaust wrench, the steel one, \$35.00. If interested call 916-408-7754. Mike Miller. (10/1)

2005 BMW R1200RT with 21k miles. \$14,000 Gar-

aged kept and maintained by A&S BMW in Roseville. Lots of extras included. You can see more on Cycletrader online or Craig's List. Thanks for looking. E.J. (916) 515-0156

Misc: RKA (2) Side Case Bags, (1) Trunk Bag for an 2008 K1200LT. The bags are for non-CD cases. They are used but in very good condition. \$100.00 for the set. Contact Frank @ (916) 366-9591. (9/5)

Front tire, 110/80 - 19 for 1150GS TKC 80. Received new 9/4/08. I fat fingered the online order and SWMoto sent me 2 of them. I paid only \$108.95. You can have for what I paid. No tax. Ken 916-768-1675 (8/7)

Misc: Eureka Wabakimi 3 season 2 person tent with 2 vestibules & 2 doors. Packed size 7" dia. x 22" long. Weight about 5 lbs. \$60.
Eureka Assault 3 season 2 person tent with 2 doors/2

vestibules. Packed size 7" dia x 22" long. Includes footprint. Weight about 7 lbs. \$40. Women's BMW cool weather riding suit. Hip length jacket with bib style pants. Black with silver reflective piping. Both size Medium \$40. E-mail pics avail if interested. Larry Campbell (707)446-1858 delinesoup(@)aol.com (7/29)

2004 R1150R, Silver 8.3K, heated grips, ABS, dual ignition, Throttlemeister, BMW bags, BMW touring windshield, Rick Mayer seat, lowered pegs, bar backs, never down, dealer maintained, always garaged, like new. \$8,400 Jim 530-478-0688 or jpsmithcs(at)sbcglobal.net (7/9)

1999 BMW K1200 RS, Silver & Blue, Color Matched Saddle Bags, Heated Grips, Standard & Tall BMW Windshields, Corbin Seat & Stock Seat, Ohlins Rear Shock & Stock Rear Shock, Remus Titanium Exhaust System, 5 1/2" Rear Wheel, Very Nice Condition, 28K Miles, \$8000. jta101(at)surewest.net or 916-457-7619 (6/30)

Wanted: stock windshield for a R1150GS not adventure. Perfect condition doesn't matter as long as it's half way decent condition. Call Mark @ 916-834-7190 or email rtbmr (at) yahoo.com (6/23)

Riding Gear: Oxtar Sunray GTX boots, ladies, in box new condition, size 9 EUR 41, \$100. SHOEI RF-1000 R.Blue sz XL 7.5/8-7.3/4 inch 61-62 cm, in box, in micro fiber bag, clear shield. Helmet is in mint condition, used for 1K, \$200. ICON Denim Blk Pants, mens size 36w 33L, \$30. JOE ROCKET BALLISTIC TEXTILE MOTORCYCLE PANTS Tall/Med Ballistic 5.0 w/ knee protectors, mens Size 36, \$80. Call Dennis 530-391-5754

Misc: I have nine shims and the two tools needed to change them on the early flying bricks and the 750 three flat BMW engines. \$100.00 for all. I also have an exhaust wrench - the STEEL one for the BMW airheads for \$35.00. Please call Mike Miller at 916-408-7754. (3/31)

Women's Riding Gear: First gear Mesh Tex II Jacket, Size W-L, First gear HT Air Over Pants with liner, Size W-14, wore 5x, cost \$345, sell for \$200. BMW

Summer Suit Overall Size L-XL \$100. BMW Boots Size 8½-9 sell for \$25. Chippenwa Motorcycle Boots 9½D \$100. Call 916-543-3265.

Misc: J-Pegs for Twin Spark, Helmets, tents, thermarests, tank bag, RevPak U bag, Cool Vest. Call 916-543-3265.

2001 R1100RT, ABS, 44K, blk sargent seat, piala lights, new Z6's, k&n air filter, gel battery, engine guards, tools, top & side cases, bike cover, some dings, new brake pads & alternator belt, 40k service, with valve adj & fresh filter & oil in engine trans & final drive, always covered or garaged, very clean, runs great \$6,750 (916) 730-3253 or bdkerr@comcast.net(2/08)

Misc: BMW Rear alloy wheel, 18", 3 spoke, fits R850,R1100R/RT/RS,K1000RS - \$175. Brand new throttle cable set (3) for R1100RT - \$60. email daveswift at pacbell.net (2/15)

Honda enduro style dirtbikes (2), both like new, used only a few hours, one 2006 CRF150F - \$2600, one 2006 CRF230F - \$3100. Will sell both for \$5400 Call Jim 530-432-1664 (11/22)

Misc: Sargent seat for a R1100 GS, great condition with carbon fiber seat pan and super cell atomic foam \$150 obo please contact Paul email: mediaht at sbcglobal.net (10/22)

1985 Honda XL350R dual sport 8000+ miles, runs great good tires, a small dent in tank. \$1395. Call Alan 916-203-4032, 916-421-4032 e-mail alanretired (@)sbcglobal.net (4/20)

2008 Calendar of Upcoming Events

Check often because events are always being added or changed.

- Nov. 1st, Sat General membership meeting at Susie's Country Oaks Cafe, 8 am, 500-G Cirby Way, Roseville, CA 916-786-0274. There will be a day ride afterwards so have a full tank of gas before starting. All members and guests welcome.
- Nov. 11th, Tue Director's meeting at IHOP Restaurant, 7:00 pm, 2525 Iron Point Road, Folsom. All members welcome.
- Nov. 20th, Thur Every 3rd Thursday at A&S BMW you're invited to their Garage Party @ 6:30 pm. Interesting activities and eats. Check it out.
- Wed. Ride Weds. Dinner Ride, Meet between 5-6:30 pm, Leaves every Wednesday evening at 6:30 pm from the Coffee Republic in Folsom.
- Thur. Ride Meet up for a weekly Thursday day ride, "Because We Can Ride". Meet at Brookfield's at Sunrise and Folsom, eat at 8am and ride at 9am. For all retired, independently wealthy or just plain sick of work!

- Nov 9, Sun 2009 Planning Meeting, Round Table Pizza at Greenback & Madison, 5pm, All members welcome, bring your ideas for new events.
- Dec 6, Sat RCB Christmas Party, At A&S BMW, 6:30 pm, pot luck, see newsletter.

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YOUR RIDE

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November 2008

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Welcome to New Members

Jim Callahan, Sacramento
Glenn Stasky, Folsom

A&S BMW Motorcycles Announces...

Garagenpartei.... 6:30 pm—8:30 pm

Every 3rd Thursday of the month

A&S has agreed to donate a \$25 gift certificate to RCB members who send the newsletter a feature story and it's published. Bruce Hilger's story in last months newsletter qualified. Please send them in!